

Right 4 U 

Carriann Rainey
Caroline McAteer

The Beginning



- The Right 4 U 😊 Service was established within the Belfast Health & Social Care Trust in February 2012
- Development in response to increasing demands on existing service's within Cedar for support for Children & Young People with Autistic Spectrum Disorders (ASD) and their families
- Initial funding for 3 year period 2012 - 2015
- Delivered in Partnership with Belfast Health & Social Care Trust

- Steering Group – Cedar, Children’s Autism Intervention Service, Adult Autism Assessment Team, Parent
- Function of Steering Group – Referral Criteria, Assessment, Intervention, Outcomes

Who Refers?



- BHSCT Children's Autism Intervention Service – 15 to 17 year olds
- BHSCT Adult ASD Assessment Service – 18 to 25 year olds

Service Criteria



- Age between 15 and 25 years
- Diagnosis of Autistic Spectrum Disorder (ASD)
- Live within the Belfast Health & Social Care Trust
- At risk of social, community, educational isolation

Capacity



- 15 young people
 - 15 to 17 year olds – 5
 - 18 to 25 year olds – 10

- March 2013
 - 15 to 17 year olds – 5
 - 18 to 25 year olds – 9

What We Can Do?



Right 4 U 😊 offers a flexible, made to measure service that promotes choice, opportunity and inclusion and aims to:

- improve educational and employment opportunities
- develop personal talents and interests
- increase opportunities for social interaction and local community involvement
- develop basic life and independence skills

Who We're Supporting & How We're Doing it



- Claire was diagnosed with Asperger's Syndrome in 2010. Before receiving her diagnosis, Claire was attending University in England and found the experience very difficult, so during her second year of study, she decided to leave her course and move back home to Belfast
- Claire was referred to the Right 4 U 😊 Service in June 2012 to receive support with managing anxiety, building confidence in social situations, and support with applying to University and re engaging in University life

- Intervention has focused on developing Claire's social and communication skills through practical activities in areas such as:
 - interpreting facial expressions
 - Interpreting body language
 - identifying appropriate/inappropriate behaviour in multiple social situations
 - starting conversations with others

- Support Right 4 U 😊 has provided to Claire in re engaging in University has included:
 - providing information on courses
 - filling in UCAS application
 - filling in student finance forms
 - preparing for interviews
 - visits the University
 - making contact with the Learning Support Team in the University

- James was diagnosed with Asperger's Syndrome in 2007. He was referred to the Right 4 U 😊 Service in July 2012 to receive support with developing independence skills
- James is currently attending his local Further Education College and hopes to continue studying for the next number of years.
- Aspirations for Independent Living

- Intervention with James has focused on teaching and developing skills on completion of everyday household tasks such as:
 - dusting
 - washing
 - ironing
 - changing his duvet cover and sheets

- **Community involvement** – sourcing of and facilitating involvement in activities, classes and clubs of interest to the young people in their local community
- **Social evenings** – Right 4 U 😊 had their first social evening to the cinema before Christmas. This was a great opportunity for young people to meet others involved with the service and to further develop their social and independence skills through encouragement to ask and pay for their own ticket, food etc

- **Young Men's Group** – weekly sessions run in collaboration with Children & Young People's Youth Matters Service for young men (18+) with ASD. Activities have included:
 - Team games
 - Orienteering
 - Rock climbing
 - Caving
- The Young Men's Group has provided a great opportunity for personal development for the young people involved in the programme, encouraging them to work as a team, try new activities and face new challenges

Young Men's Group



Young Men's Group



A better future for
people with disabilities



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