

To: GP practices
Community Pharmacies

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Web Site :

www.hscboard.hscni.net

22nd February 2018

Dear Colleague,

REFERRAL FOR ADULTS WITH SUBSTANCE MISUSE CONCERNS

I would like to draw your attention to a number of services which the Public Health Agency fund / commission across all 5 Trust areas to work with adults with substance misuse concerns.

The Primary Care relevant services are Low Threshold Services and Early Intervention Services. Information on these services is outlined in the attached appendix. Early Intervention Services can also refer clients with severe addictions, or who are injecting, directly to their local Community Addiction Team. GPs can also refer clients directly to a Community Addiction Team.

The substance misuse concerns could be in relation to any drug or substance including Over the Counter (OTC) medication, prescribed medication, alcohol and/or illicit drugs.

You may refer patients directly to these services or, if appropriate, provide the contact details of the services and advise patients to make contact themselves.

Yours sincerely



Joe Brogan
Assistant Director of Integrated Care
Head of Pharmacy and Medicines
Management



Dr Margaret O'Brien
Assistant Director of Integrated Care
Head of General Medical Services

Public Health Agency (PHA) funded / commissioned services for adults who misuse substances

The PHA funds / commissions services across all 5 Trust areas to work with adults with substance misuse concerns. The primary relevant services are Low Threshold Services, and Early Intervention Services. Information on these services is outlined below. Early Intervention Services can also refer clients with severe addictions, or who are injecting, directly to their local Community Addiction Team. GPs can also refer clients directly to a Community Addiction Team.

Type of Service	Suitable for	Belfast	Northern area	Southern area	Western area	South eastern area
<p>LOW THRESHOLD SERVICE Harm reduction services which help people to:</p> <ul style="list-style-type: none"> • Get (or stay in) stable • accommodation • Access benefits • Get sterile injecting equipment or foil • Inject more safely • Get Take Home Naloxone <p>Access healthcare services, such as health checks, mental healthcare, counselling, blood borne virus testing.</p>	<p>Anyone who drinks alcohol or takes drugs at a level which causes them significant problems. The service is especially suitable for people with chaotic lifestyles who may have difficulties staying in treatment or stable accommodation.</p> <p>Low Threshold Service staff can work with patients / clients no matter how much they drink, or what drugs they take.</p>	<p>Belfast Drug Outreach Team (028) 9504 7301</p> <p>Mon-Fri 9am-5pm</p>	<p>Extern (028) 2565 4012</p> <p>Mon-Fri 9am-5pm</p>	<p>Extern 07423 432 110</p> <p>Mon-Fri 9am-5pm</p>	<p>Derry area (Depaul) (028) 7136 5259</p> <p>Fermanagh and Omagh areas (Arc Healthy Living Centre) (028) 6862 8741</p> <p>Limavady and Strabane area (First Housing Aid and Support)</p> <p>Mon-Fri 9am-5pm</p>	<p>Simon Community: 07435754307 or 07435754302</p> <p>Mon-Fri 9am-5pm</p>

Type of Service	Suitable for	Belfast	Northern area	Southern area	Western area	South eastern area
<p>EARLY INTERVENTION SERVICE</p> <p>These services provide Psychotherapeutic interventions (Interventions such as cognitive behavioural therapy, enhanced motivational interventions, structured counselling).</p> <p>Brief advice and structured support is also provided to family members irrespective of whether or not a family relative is accessing treatment for their substance misuse as part of the service</p>	<p>Adults who drink at hazardous or harmful levels and/or adults engaged in harmful Substance Misuse willing to engage with a therapeutic treatment programme</p> <p>Family members irrespective of whether or not a family relative is accessing treatment for their substance misuse as part of the service</p>	<p>Addiction NI: 028 9066 4434</p> <p>Mon-Fri 9am-5pm</p>	<p>Extern: (028) 2565 4012</p> <p>Mon-Fri 9am-5pm</p>	<p>Southern Health and Social Care Trust: (028) 3756 4513</p> <p>Mon-Fri 9am-5pm</p>	<p>ASCERT: 0800 2545 123</p> <p>Mon-Fri 9am-5pm</p>	<p>Dunlewey Addiction Services: 028 9039 2547</p> <p>Mon-Fri 9am-5pm</p>